



HUMAN PERFORMANCE RESOURCE CENTER

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DIETARY SUPPLEMENTS



DIETARY SUPPLEMENTS/PRODUCTS CONTAINING DMAA

### Dietary Supplement Products Containing DMAA

On 12 April 2012, FDA posted "Q&A on DMAA in Dietary Supplements," in which they clearly stated that "Dietary supplements containing DMAA are illegal and FDA is doing everything within its authority to remove these products from the market." Since February 2012, HPRC has maintained a list of currently available commercial products that contain DMAA (listed on the product label or website by that or one of the other names that have been used synonymously; see below). The list is accurate as of the time of compiling, although some manufacturers have already modified their products to exclude DMAA or have removed their DMAA-containing products altogether, and we will continue to update this list as changes occur. The list likely does not include all products available. Some retailers still have stock of discontinued/reformulated products that contain DMAA, and newer, non-DMAA versions sometimes have the same product name. **So it is important to read ingredient labels carefully before using any product, especially those promoted for bodybuilding and weight loss (and party pills).**

Many manufacturers clearly identify the "geranium extract" or "geranium oil extract" in their products as 1,3-dimethylamylamine or one of its other equivalent chemical names. For those that do not, however, we have no way to determine whether the "geranium (oil) extract" identified on the label is a different—possibly natural—product or [some form of synthetic DMAA](#). The only way to determine positively if a product does or does not contain DMAA is through laboratory testing, so HPRC recommends using only dietary supplements that have evidence of third-party testing by a reputable independent laboratory.

In checking labels, you need to know the numerous terms/synonyms for DMAA. The most common ones are 1,3-dimethylamylamine; methylhexaneamine or MHA; dimethylpentylamine or DMP; 4-methylhexan-2-amine; Geranamine; and geranium oil, extract, or stems and leaves. Below is a list of various terms that could appear on a Supplement Facts label of a product containing DMAA:

- 1,3-dimethylamylamine
- 1,3-dimethylpentylamine
- 2-amino-4-methylhexane
- 2-hexanamine,4-methyl-(9Cl)
- 4-methyl-2-hexanamine
- 4-methyl-2-hexylamine
- 4-methylhexan-2-amine (IUPAC)
- C7H17N (chemical formula)
- CAS 105-41-9
- Crane's bill extract 200:1 (misnomer; not necessarily DMAA)
- dimethylamylamine (DMAA)
- dimethylpentylamine (DMP)
- DMAA
- Floradrene
- Forthan
- Forthane
- Fouramin
- Geranamine (Proviant™)
- GeranaX
- Geranium extract
- Geranium flower extract
- Geranium oil
- Geranium oil extract
- Geranium stems and leaves
- Metexaminum
- Methexaminum
- Methylhexanamine
- Methylhexaneamine (MHA)
- Pelargonium (various)
- Pentylamine
- synthetic geranium

**NOTE: Dietary supplements containing DMAA have been placed on medical hold by the DoD due to concerns about related adverse health effects and are currently not for sale on military installations.**

⇒ HPRC periodically updates this list, so be sure to check back for newer versions.

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
1,3 D Bomb	Total Body Nutrition USA	1,3 Dimethylamylamine
1,3 D Nox	Total Body Nutrition USA	Geranium Extract (1,3 Dimethylamylamine)
1,3 Dimethylamylamine	(various distributors & suppliers)	1,3 Dimethylamylamine
3-D Explosion	Generic LabZ	1,3-Dimethylamylamine (Geranium [Stem])
357 Xtreme Pre-Workout Fuel	Aviva Nutrition	1,3 Dimethylamylamine HCL
Absolute Pump	Peak Performance Innovations	1,3 Dimethylamylamine
ACE (Appetite Control and Energy) *	AMS Health Sciences	1,3-Dimethylpentylamine HCl
Addieup	Nature's Cures LLC	1,3 Dimethylamylamine
Adralin	CTD Labs	1,3-dimethylamylamine
AdrenHERlyn Cuts *	BlackMarket Labs	1,3-Dimethylamylamine HCl
AdreN.O.lyn Bulk *	BlackMarket Labs	1,3-Dimethylamylamine HCl
AdreN.O.lyn Cuts *	BlackMarket Labs	1,3-Dimethylamylamine HCl
Apple Tight	Muscle Fitness & More Inc.	Geranium oil extract
Atomizer	Aviva Nutrition	1,3-Dimethylamylamine
Avidex	United Health	Geranium Oil Extract
Black Widow *	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
Body Burn	Bodystrong	1,3-dimethylamylamine
Body Surge	Bodystrong	1,3-Dimethylamylamine
Clear Shot 3X Concentrate	E-Pharm Nutrition	Geranamine
CO <sup>2</sup> Xtreme Fat Burner	Extreme Sports Performance	1,3-Dimethylamylamine (Geranium Stem Oil)
Core Zap	Core Nutritionals	Geranium (1,3-Dimethylpentylamine)
Decimate	Cygen Laboratories	Geranium
DMAA Powder	(various)	1,3 Dimethylamylamine/DMAA
DynaPep Energy Micro-Shot	Emerging Products Development Group	2-Amino 4-Methyl Hexane HCL
E-Power	Natural Herbal Nutrition Supplement, Ltd.	Geranium oil extract
EPH 100	Delta Health Products	1,3 Dimethyl Amyl Amine
Ergolean AMP	E-Pharm Nutrition	Geranamine (1,3-dimethylamylamine)
Excel Extreme 4D	Excel Nutritional	Geranium Extract
Fastin-XR *	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
Fat Smack XR	Purus Labs	2-amino-4-methylhexane
Fitness Magic (formerly TriThin Magic)	TriUnity International	1,3-dimethylpentylamine (constituent from Geranium Flower)
FlashOver	Omega Sports	1,3-dimethylamylamine (from Geranium Oil)
Fruta Planta USA	AGL	4-Methylhexan-2-Amine HCL (Geranium extract leaves and stem)
Geranamine (powder and capsules)	Fusion Supplements	Proviant Technologies™ DMAA
Geranium Extract	Various	1,3-dimethylamylamine
Hell Fire EPH 150	Innovative Bio Labs	1,3 Dimethylamylamine HCL (geranium)
High Performance GF *	CNP Professional Sports Nutrition	1,3 Dimethylamylamine
Hyper Trim	Schwartz Laboratories	DMAA (1,3 Dimethylamylamine)
Hypercuts	CTD Labs	1,3-dimethylamylamine
Hyperdrine-OD	KiloSports Nutrition	1,3 Dimethylamylamine
HyperLean FX7	Nova Body Science	2-Amino-4-Methylhexane HCL (Geranium)
Infested	Xcel Sports Nutrition	Methylhexaneamine
Jack3d	USPlabs/NutraPlanet	1,3-Dimethylamylamine (Geranium [Stem])
JP8x Hardcore	Get Diesel Nutrition	DMAA (1,3-Dimethylpentylamine)

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
Lean 650	GenX Labs	Geranamine 91,3-Dimethylamylamine)
Lipodrene Hardcore *	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
Lipodrene Xtreme *	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine HCl
Mass-Pump XXL	Powerlab Nutrition	Geranium Extract (1,3-Dimethylamylamine)
Matador Extreme Energy	Biofuxion Health Products, Inc.	2-amino-4-methylhexane
Mesomorph	APS Nutrition	Geranium Oil Extract (Geranaburn™)
Metabadrine	Legacy Nutritional Products	1,3 Dimethylamlamine
Muscle Marinade	Purus Labs	2-amino-4-methylhexane
Muscle Spike	Muscle Fortress	1,3 dimethylamylamine
N2-Amp	Need to Build Muscle Inc	1,3-Dimethylamylamine
Nitrox Silver Bullet	Xcel Sports Nutrition	1,3-Dimethylamylamine
NOX Pump	Dorian Yates Nutrition	geranamine
Noxipro	CTD Labs	1,3 Dimethylamylamine
Overdose ReduX	NRG-X Labs	Geranium Maculatum Extract [leaves and stems]
OxyELITE Pro	USPlabs	1,3-Dimethylamylamine (Geranium [Stem])
Phenadrine	APS Nutrition	1,3 dimethylamylamine
Plasmatic EP	Engineered Sports Technology (EST)	Geranium Root and Stem (Standardized)
Plexus Slim Accelerator	Plexus Worldwide Inc.	GeranaX
Razor8 Blast Powder (U.S.)	Allmax Nutrition	Geranium Maculatum (Cranes bill extract)
Red Stinger Black Label	NRG-X Labs	1,3-Dimethylamylamine (Geranium [Stem])
Rocket Fuel Capsules	Fusion Supplements	1,3 Dimethylamylamine
Seirogan Toi A	Taiko Pharmaceutical Co., Ltd.	Powdered Geranium Herb
Spirodrene	Engineered Sports Technology (EST)	GeraniPure™ (Geranium Root and Stem)
Suppress NT	Nutrition Alliance International (NSI)	1,3 dimethylamylamine
Technical Knockout Pre-Workout	KiloSports Nutrition	1,3-dimethylamine Hcl
Therm-O	BioFuxion Health Products, Inc.	2 Aminio-4 Methyl Hexane
ThunderSlim	(undetermined)	Geranium Extract
Tiger Claw DMAA	Kempo Nutrition	1,3-Dimethylamylamine (Geranium Oil Constitute)
Vaporizer XR	Aviva Nutrition	1,3 Dimethylamylamine HCL
Vaso Maize	Lift Labz	1,3-Dimethylamylamine
Velocity XT	Neogenix	1,3-Dimethylamylamine
White Lightning	APS Nutrition	Geranaburn (geranium oil extract)
Wyked	Taurus Nutrition	Geranium Oil Extract (4-Amino-Methyl Hexane)
Xyng Fuel 4 Life	Xyngular	geranium flower extract (1,3 dimethylpentylamine)
Youth Addict Torch'd	SavInd Inc.	Dimethylpentalamine: Geranium Oil Constituent

#### DISCONTINUED/REFORMULATED PRODUCTS:

The following products either are no longer shown on the manufacturer's website (or website no longer exists), have been reformulated to exclude DMAA, or no longer list DMAA on the product label (indicating reformulation); some DMAA-containing product may still be available from stock held by retail suppliers. (We have made the assumption that the information on labels and websites is accurate, but only laboratory testing will confirm the absence of DMAA.)

<del>1,3-DiMeth</del>	Pharmapro	1,3 Dimethylamylamine HCL
<del>1.M.R. (One More Rep)</del>	BPI Sports	(previously contained 1,3-Dimeth. – removed from recipe in summer 2011)
<del>Adrena-G</del>	Serious Nutrition Solutions (SNS)	1,3-Dimethylamylamine (1,3-DMAA)
<del>AmphetaLean Extreme</del>	Beast Sports Nutrition	1,3-Dimethylamylamine HCL

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
<b>DISCONTINUED PRODUCTS (CONTINUED)</b>		
<b>Anadraulic Pump</b>	LG Sciences, LLC	Geranium Oil Extract #105-41-9
<b>Anarchy</b>	Vital Pharmaceuticals (VPX Sports)	Supra-Amine™ Apple Geranium (Pelargonium Odoratissimum)(Leaves)[Std. To 1,3 Dimethylpentylamine]
<b>Anarchy-Covalex</b>	Vital Pharmaceuticals (VPX Sports)	Supra-Amine™ Apple Geranium (Pelargonium Odoratissimum)(Leaves)[Std. To 1,3 Dimethylpentylamine]
<b>Appetite Control Formula</b>	Smart City	DMAA (1,3-Dimethylamylamine)
<b>Beta-Cret Extreme</b>	ProMera Health	1,3 Dimethylamylamine (Geranium Oil)
<b>Black Cats</b>	Applied Nutraceuticals	1,3 Dimethylamylamine
<b>Blood Rush Pump</b>	Muscle Gauge Nutrition	1,3-Dimethylamylamine
<b>Blue-G Energy Stimulant</b>	Utopia Wholesale/Legal Utopia	geranium oil, 1,3-dimethylamylamine
<b>Cardio-Cuts</b>	NDS Nutrition	1,3-dimethylpentylamine HCl
<b>Caution</b>	Xtreme Caution Labs	1,3-Dimethylamylamine
<b>Cerebral Success Brain Power</b>	Cerebral Success	Geranamine (DMAA)
<b>Charge ASF Ephedra Free</b>	Labrada Nutrition	1,3-Dimethylpentylamine (constituent of geranium oil)
<b>Charge Extreme Energy</b>	Labrada Nutrition	1,3-Dimethylpentylamine (constituent of geranium oil)
<b>Clear Shot</b>	E-Pharm Nutrition	Dimethylpentylamine (constituent of Geranium oil)
<b>Code Red</b>	MuscleMeds Performance Technologies	1,3 dimethylamylamine (geranium) (stem)
<b>Crack</b>	Revolutions Nutrition	Geranium extract (extracted for 1,3-Dimethyl-amylamine)
<b>CryoShock *</b>	Neogenix	1,3-Dimethylamylamine
<b>CTS360 Maximum</b>	Complete Nutrition	1,3-Dimethylamylamine
<b>Dexaprine</b>	iForce Nutrition	1,3 Dimethylpentylamine
<b>Dialed-In</b>	Pride Nutrition	1,3-Dimethylamylamine (Geranium [Stem])
<b>Dominate Extreme</b>	Pride Nutrition	1,3-Dimethylamylamine (Geranium [Stem])
<b>D-Stunner</b>	Betancourt Nutrition	1,3 Dimethylamylamine
<b>E-911</b>	LG Sciences, LLC	Geranium Oil Extract Cas# 105-41-9
<b>Embrace XTREME</b>	NDS Nutrition	1,3-dimethylpentylamine HCl
<b>En-R-G</b>	KDA Global, Inc.	1,3 dimethylpentylamine (active from Geranium flower)
<b>Endoburn NT</b>	BSN Inc.	1,3-Dimethylpentylamine (A Natural Constituent of Geranium Oil)
<b>EPH-25 New Formula</b>	Accelerated Sport Nutraceuticals (ASN)	1,3 dimethylamylamine
<b>EphedFx *</b>	Complete Nutrition Holdings Inc.	Geranium Extract (1,3-Dimethylamylamine)
<b>ErgoBurn (previously AMP2)</b>	ErgoPharm/E-Pharm/Ergogenix	Geranamine (constituent of geranium oil)
<b>Finaflex Epi-V</b>	Redefine Nutrition	2-amino-4 methylhexane
<b>Finaflex Ignite 2</b>	Redefine Nutrition	2-amino-4 methylhexane
<b>Finaflex Methyl Ice</b>	Redefine Nutrition	1,3 Dimethylamylamine
<b>Finaflex N O Ignite</b>	Redefine Nutrition	1,3 Dimethylamylamine
<b>Finaflex Pro Xanthine</b>	Redefine Nutrition	2-amino-4 methylhexane
<b>G6 Extreme Energy</b>	Planet Nature Pty Ltd	Dimethylamylamine HCL
<b>Geranium 20</b>	SD Pharmaceuticals	1,3-Dimethylamylamine, which is also referred to as DMAA and Methylhexaneamine
<b>Heat Accelerated</b>	Magnum Nutraceuticals	Geranamine
<b>Hemo-Rage Black</b>	Nutrex Research (Nutrex Underground)	1,3-Dimethylamylamine HCL
<b>Hemo-Rage Black Turbo Shot</b>	Nutrex Research (Nutrex Underground)	Methylhexaneamine
<b>Hemo-Rage Black Ultra Concentrate</b>	Nutrex Research (Nutrex Underground)	Methylhexaneamine
<b>Hemodrene</b>	Nutrabolics	Geranium Extract (1,3-Dimethylamylamine)
<b>Hemorush</b>	Nutrabolics	Geranium Extract

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
<b>DISCONTINUED PRODUCTS (CONTINUED)</b>		
<b>HydroxyStim</b>	Muscletech	Geranium extract (as Geranium robertianum) (aerial parts)
<b>Ignite Energy Boost</b>	Ignite Powder (ASN Distributors)	Geranium (1,3-Dimethylamylamine or Methylhexamine)
<b>Intensify XTREME</b>	NDS Nutrition	1,3-dimethylpentylamine HCl
<b>Launch</b>	SAN Nutrition	Geranium Oil Extract [Stem & Leaves - Stand to 1,3-DMPA1]
<b>Launch Full Impact 4350</b>	SAN Nutrition	Geranalean [Geranium Oil Extract][Std. to 1,3-DMPA]
<b>Lean EFX (includes Lean Shots)</b>	Fahrenheit Nutrition	1,3 Dimethylamylamine
<b>Lipo Extreme</b>	American Muscle Mass Optimization (AMMO) Labs	1,3-Dimethylamylamine
<b>Lipo-6 Black (all)</b>	Nutrex Research Underground	Methylhexaneamine
<b>Lipo-6 Black Ultra Concentrate (all)</b>	Nutrex Research Underground	Methylhexaneamine
<b>LipoRUSH</b>	NDS Nutrition	1,3-dimethylpentylamine HCl
<b>Lipo-Sear *</b>	Empyrean Nutrition	Dimethylamylamine
<b>Massive Growth</b>	Muscle Gauge Nutrition	1,3-Dimethylamylamine (Geranium [Stem])
<b>Matrix Energy Mood Enhancing Energy Drink</b>	Innovative Body Enhancement (IBE)	Pelargonium graveolens extract (1, 3-dimethylpentylamine)
<b>Maximize Intense</b>	iForce Nutrition	1,3 Dimethylpentylamine
<b>Maximize V2</b>	iForce Nutrition	1,3 Dimethylpentylamine (Constituent of Geranium Oil)
<b>Methyl Fire</b>	GE Pharma	1,3 Dimethylamylamine (geranium (stem))
<b>MethylHex 4,2</b>	SEI Pharmaceuticals	4-methylhexan-2-amine HCL (geranium extract leaves and stem)
<b>MethylRush</b>	SEI Pharmaceuticals	4-methylhexan-2-amine HCL
<b>Motivate</b>	Anabolic Innovations	Geranamine (1,3-Dimethylamylamine)
<b>MyoRipped</b>	E Nutrition Research LLC	1,3 Dimethylamylamine
<b>N2KTS (Need To Kill That Shit)</b>	Need To Build Muscle Inc	1,3-Dimethylamylamine (Geranium)
<b>Napalm</b>	Muscle Warfare	1,3-Dimethylamylamine HCL
<b>Napalm Mini-Gun</b>	Muscle Warfare	1,3 Dimethylamylamine
<b>NeuroCore</b>	Muscletech	Geranium extract (as Geranium robertianum) (aerial parts)
<b>Nitric Blast</b>	SNI	geranium extract
<b>NL-Octrain</b>	No Limits Lab	1,3-Dimethylamylamine HCl
<b>OverDose Powder</b>	NRG-X Labs	1,3-Dimethylamylamine - also known as Geranamine, Methylhexaneamine, or DMAA
<b>OxyECA</b>	Lecheek Nutrition	2-amino-4-methylhexane
<b>Phen 375 (Phentemine 375)</b>	RDK Global	1,3-Dimethylpentylamine HCL
<b>Phen-D/Phentramin-d</b>	Lazarus Labs	1,3 - Dimethyl-pentylamine-hydrochloride
<b>Phenphedrine</b>	Iovate Health Sciences/MuscleTech	1,3 dimethylamylamine
<b>Phenteramin</b>	Lazarus Labs	1,3 dimethylpentylamine
<b>PMD ACG3</b>	NDS Nutrition	1,3-dimethylpentylamine HCl
<b>Predivite Extreme Energy *</b>	Health Technology Inc.	DMAA (1,3 dimethylpentylamine)
<b>PreSurge Unleashed</b>	Athletic Edge Nutrition	1,3-Dimethylamylamine HCL (Geranium)
<b>PumpFixx</b>	Advanced Muscle Science	Geranamine
<b>PWR Ultra-Concentrated Pre-Workout Revolution</b>	iSatori Technologies, LLC	1,3-dimethylpentylamine HCL
<b>Quake 10.0</b>	SciVation	1,3-Dimethylamylamine
<b>Rage Version X</b>	Active Nutrition Corporation (ANC)	Geranamine
<b>Rapid Action Energize 2-Way</b>	DR Distributors LLC	4-Methylhexan-2-Amine HCL
<b>Red Velvet</b>	Utopia Wholesale/Legal Utopia	geranium oil,BK 1,3-dimethylamylamine

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
<b>DISCONTINUED PRODUCTS (CONTINUED)</b>		
<b>RedLine Ultra Hardcore Capsules</b>	Vital Pharmaceuticals (VPX Sports)	Supra-Amine™ Apple Geranium (Pelargonium Odoratissimum) (Leaves)[Std. To 1,3 Dimethylpentylamine]
<b>Rezolution</b>	LG Sciences, LLC	geranamine (2-amino-4-methylhexane)
<b>Ripped Juice EX2</b>	Betancourt Nutrition	1,3-Dimethylpentylamine (Geranamine)
<b>Rocked</b>	Advanced Performulations Inc. (API)	1,3 Dimethylamylamine
<b>RoxyLean ECA</b>	BPI Sports	1,3-dimethylamine
<b>RUSH</b>	Stacker-2	1,3-Dimethylamylamine
<b>Ruthless *</b>	Science Defined Nutrition	1,3-Dimethylamylamine (Geranium root/stem)
<b>SlimMax Fat Burner &amp; Appetite Suppressant</b>	Pure Health Trends	1,3 Dimethylamylamine
<b>Speed V2</b>	LG Sciences	Geranium Oil Extract #105-41-9
<b>Speed Xtreme Ultra Concentrate</b>	Lecheek Nutrition	1,3-Dimethylamylamine
<b>Spirodex</b>	Gaspari Nutrition	“Geranium maculatum extract [leaves and stems] standardized for 4-methylhexan-2-amine content
<b>SSIN Juice</b>	BIORhythm ADS	Geranium [Stem] (13-Dimethylamylamine)
<b>Stampede</b>	Anabolic Designs	Geranium Extract
<b>Stim-Force (powder and chewables)</b>	Labrada Nutrition	1,3-Dimethylpentylamine Hydrochloride
<b>StimulantX</b>	Anabolic Xtreme	Methylhexamine HCl (from salted Geranium oil isolate)
<b>Swagger</b>	MAN Sports	Geranastim(TM) (1,3-dimethylamylamine)
<b>The Curse (Magic Berry flavor only)</b>	Cobra Labs	1,3 Dimethylamylamine
<b>ThermbuteroL Hardcore</b>	SEI Pharmaceuticals	4-methylhexan-2-amine HCL (geranium extract leaves and stem)
<b>Thermofuse</b>	Muscle Warfare	1,3 Dimethylamylamine HCL
<b>ThermoGum</b>	ThermoGum LLC	Geranium Extract
<b>Thermosculpt Capsules</b>	Designed by Dean	2-amino-4-methylhexane
<b>Trim Down</b>	Muscle Gauge Nutrition	1,3 Dimethylamylamine
<b>Ultimate Fighting Creatine HCl Serum *</b>	MMUSA	1,3-Dimethylamylamine Hydrochloride
<b>Ultra Concentrate Speed Xtreme</b>	Lecheek Nutrition	1,3 Dimethylamylamine
<b>Ultra-Thermo (for Women &amp; for Men) *</b>	MMUSA	1,3-Dimethylamylamine Hydrochloride
<b>V3 Weight Management Complex *</b>	Voyager Health Technologies	1,3-dimethylpentylamine HCl
<b>ViSi Weight Loss</b>	ViSi Global	Geranium Oil Extract
<b>Vyperize w/DMAA</b>	Professional Supplements	1,3-Dimethylamylamine
<b>X-Force</b>	Innovative Body Enhancement (IBE)	Methylhexaneamine (1, 3-dimethylpentylamine)
<b>XM3 Capsules</b>	Zija International, Inc.	Supra-Amine™ Apple Geranium (Pelargonium Odoratissimum)(Leaves)[Std. To 1,3 Dimethylpentylamine]
<b>XMam Extreme Moringa Caps</b>	Zija International, Inc.	1,3-dimethylpentylamine (active from geranium)
<b>Youth Addict Intense</b>	SavInd Inc.	1, 3-Dimethylpentylamine/Geranium Oil Extract
<b>Zenalean Pro</b>	Accelerated Sport Nutraceuticals (ASN)	Geranium Extract (1,3-Dimethylamylamine )

\* Change to list since previous update

(NOTE: Party pills represent a different category of DMAA-containing products; they are not considered dietary supplements, as they are marketed solely for recreational use, so we are no longer including them on this list. The use of DMAA in party pills led to its ban in New Zealand.)

The Natural Medicines Comprehensive Database (NMCD) also has a list of dietary supplements that contain DMAA. This user-friendly database is available for both Warfighters and healthcare professionals who have a “.mil” email address through links on the HPRC website. Choose the appropriate version and follow the instructions to create an account. To view NMCD’s list of products containing DMAA, log on, type “DMAA” in the keyword search box and then click on the link that says “View 276 Products Containing: DMAA (DIMETHYLAMYLAMINE).” Note that NMCD provides safety ratings for most of these dietary supplement products.